


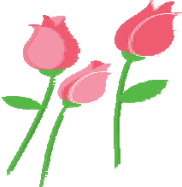


YOUTH AFTERSCHOOL PROGRAMS APRIL 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Shaw Community Ministry 1726 7 th St. NW Washington, D.C. 20001 202-232-1258	Anne Troy Exe. Director Koquice Spencer Prog. Director LaJuan Thomas Prog. Coordinator		1 TBA	2 TBA	3 College Prep Class 11:30am-1:30pm
4	5 TBA	6 Nutrition Class 3:30- 4:30 Homework Power Hour 4:30 -5:30 Free Time 5:30-5:45 Clean/Depart 5:45-6pm	7 Hot Meal 3:30- 3:45 Homework Power Hour 3:45-5:00 African Dance 5pm-6 Clean/Depart 5:45-6pm	8 Snack 3:30- 3:45 Homework Power Hour 3:45-5:00 Clean/Depart 5:45- 6pm Mandatory Parent's @ 6:30pm	9 Open Recreation Hot Meal 3:30-4:00 YOGA- 4:00-5:45pm Clean/Depart 5:45-6pm	10
11 	12 Snack 3:30- 3:45 Homework Power Hour 3:45-5:00 Yoga 5:00-6:00pm Free Time 5:10-5:45 Clean/Depart 5:45-6pm	13 Nutrition Class 3:30- 4:30 Homework Power Hour 4:30 -5:30 Free Time 5:30-5:45 Clean/Depart 5:45-6pm	14 Hot Meal 3:30- 3:45 Homework Power Hour 3:45-5:00 African Dance 5pm-6 Clean/Depart 5:45-6pm	15 Snack 3:30- 3:45 Homework Power Hour 3:45-5:00 Clean/Depart 5:45- 6pm	16 Open Recreation Hot Meal 3:30-4:00 YOGA- 4:00-5:45pm Clean/Depart 5:45-6pm	17 College Prep Class 11:30am-1:30pm
18	19 Snack 3:30- 3:45 Homework Power Hour 3:45-5:00 Yoga 5:00-6:00pm Free Time 5:10-5:45 Clean/Depart 5:45-6pm	20 Nutrition Class 3:30- 4:30 Homework Power Hour 4:30 -5:30 Free Time 5:30-5:45 Clean/Depart 5:45-6pm	21 Hot Meal 3:30- 3:45 Homework Power Hour 3:45-5:00 African Dance 5pm-6 Clean/Depart 5:45-6pm	22 Snack 3:30- 3:45 Homework Power Hour 3:45-5:00 Clean/Depart 5:45- 6pm	23 Open Recreation Hot Meal 3:30-4:00 YOGA- 4:00-5:45pm Clean/Depart 5:45-6pm	24 
25 	26 Snack 3:30- 3:45 Homework Power Hour 3:45-5:00 Yoga 5:00-6:00pm Free Time 5:10-5:45 Clean/Depart 5:45-6pm	27 Nutrition Class 3:30- 4:30 Homework Power Hour 4:30 -5:30 Free Time 5:30-5:45 Clean/Depart 5:45-6pm	28 Hot Meal 3:30- 3:45 Homework Power Hour 3:45-5:00 African Dance 5pm-6 Clean/Depart 5:45-6pm	29 Snack 3:30- 3:45 Homework Power Hour 3:45-5:00 Clean/Depart 5:45- 6pm	30 Open Recreation Hot Meal 3:30-4:00 YOGA- 4:00-5:45pm Clean/Depart 5:45-6pm	